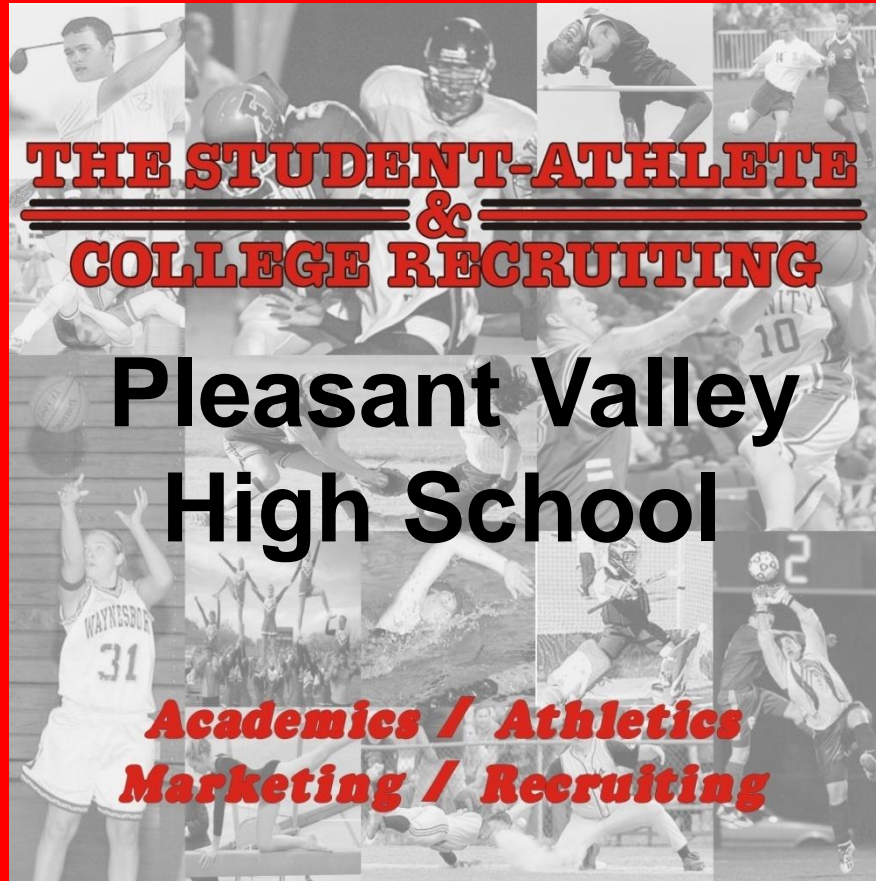


Guiding the College-Bound Athlete

“How to Create your Blueprint for Success”



Start with Academics

- ✓ Academics have an IMPACT
- ✓ Work with your Counselor
- ✓ Take the ACT EARLY!
- ✓ Why NOT the SAT?
- ✓ What are the Eligibility requirements?

Academics (NCAA)

D-I & D-II

Freshman Eligibility Requirements

- ✓ **Complete & Pass 16 Core-Courses**
- ✓ **3 years of Algebra 1 or higher**
- ✓ **Meet the Sliding Scale of Eligibility**
- ✓ **Register with the NCAA Eligibility Center**
- ✓ **Graduate from High School**

Academics (NCAA)

Additional D-I “FULL Qualifier” Freshman Eligibility Requirements

- ✓ Must have a minimum 2.3 **CORE** GPA
- ✓ Complete 10 core-courses before the start of your Senior Year!
- ✓ Seven must be in English, Math, or Science
- ✓ These 10 core-courses become “Locked in” for GPA calculation and a repeat of one of these courses will not be used if taken after the start of their SENIOR year.

Academics (NCAA)

NEW High School Class of 2016 Division-I Freshman Eligibility Requirements

There are three possible Academic outcomes:

Full qualifier = You can accept a scholarship, practice & play your freshman year.

Academic redshirt = scholarship, ONLY practice first semester or quarter but you may **NOT** play.

Nonqualifier = NO scholarship, NO practice and NO competition the first year.

Academics (NCAA)

2016 Div-I Academic Redshirt Guidelines for Scholarship & Practice

- After the first semester or quarter is complete, in order to continue to **practice for the rest of the year, the student must be academically** successful at the collegiate level.

Academics (NAIA)

Freshman Eligibility Requirements

YOU MUST meet two of three entry level requirements:

- ✓ Achieve a minimum of 18 on the ACT or 860 on the SAT but must be on a single test.
- ✓ Achieve a minimum overall high school GPA of 2.0 on a 4.0 scale.
- ✓ Graduate in the top half of your high school class.

Who is NAIA?

The screenshot shows a web browser window displaying the NAIA Eligibility Center website. The browser's address bar shows the URL <http://www.playnaia.org/>. The website features a navigation menu with links for [Student-Athletes](#), [Parents & Coaches](#), [High School Administrators](#), and [NAIA Members](#). A prominent banner reads "PLAYNAIA" with the tagline "Your college sports experience starts here." Below this banner are three call-to-action buttons: "WHAT IS THE ELIGIBILITY CENTER?", "ARE YOU A STUDENT?", and "JUST FOR HIGH SCHOOLS". A login form titled "Eligibility Center Login" is visible in the top right corner, with fields for "E-mail" and "Password" and a "SIGN IN" button. The NAIA logo and "Champions of Character" slogan are also present.

File Edit View History Bookmarks Tools Help

http://www.playnaia.org/

Most Visited Getting Started Latest Headlines

NAIA Eligibility Center - PlayNAIA

NATIONAL ASSOCIATION OF INTERCOLLEGIATE ATHLETICS

NAIA

Champions of Character

THE NAIA ELIGIBILITY CENTER

Join Us On: [Twitter](#) [Facebook](#) [YouTube](#)

Eligibility Center Login

E-mail

Password

SIGN IN

Forgot Password?

Student-Athletes Parents & Coaches High School Administrators NAIA Members

PLAYNAIA

Your college sports experience starts here.

WHAT IS THE ELIGIBILITY CENTER?

Discover the academic and athletics opportunities offered at an NAIA school. ▶

ARE YOU A STUDENT?

Register to have your eligibility determined to play in the NAIA! ▶

JUST FOR HIGH SCHOOLS

Administrators: Create a high school profile to support your students through the process. ▶

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Athletics

NAIA

(National Association for Intercollegiate Athletics)

- ✓ Not associated with the NCAA
- ✓ Over 300 institutions
- ✓ 2/3 are Religiously affiliated
- ✓ Similar to D-III Colleges in size
- ✓ They have Athletic Scholarships!

Athletics

NAIA

- ✓ 23 national championships
- ✓ 60,000 student-athletes
- ✓ 1 in 7 college athletes are NAIA
- ✓ \$450 MILLION in aid

Athletics

- ✓ The transition to college athletics
- ✓ College is more STRUCTURED
- ✓ Be prepared mentally & physically
- ✓ Understand “Recruiting Standards”
- ✓ Goal setting

% of High School Senior Boys that Participate in College Sports

Sport	%	Scholarships		Schools
		D-I	D-II	
Wrestling	2.5%	9.9	9	311
Waterpolo	2.8%	4.5	4.5	78
Basketball	2.9%	13	10	1,826
Outdoor Track	4.1%	12.6	12.6	911
Golf	4.7%	4.5	3.6	1,170
Tennis	5.1%	4.5	4.5	1,003
Soccer	5.4%	9.9	9	1,201
Cross Country	5.7%	12.6	12.6	1,223
Football	5.7%	85*	36	812
*Football D-I AA 63 Scholarships				

Sport	%	Scholarships		Schools
		D-I	D-II	
Baseball	5.8%	11.7	9	1,485
Volleyball	5.8%	4.5	4.5	78
Swimming	7.7%	9.9	8.1	454
Skiing	8.6%	6.3	6.3	39
Rifle	9.5%	3.6	3.6	31
Ice Hockey	10.5%	18	13.5	143
Lacrosse	13.1%	12.6	10.8	238
Gymnastics	17.0%	6.3	5.4	246
Indoor Track	33.7%	12.6	12.6	711
Fencing	45.8%	4.5	4.5	38

% of High School Senior Girls that Participate in College Sports

Sport	%	Scholarships		Schools
		D-I	D-II	
Badminton	0.3%	6	10	15
Bowling	2.3%	5	5	62
Volleyball	3.3%	12	8	1,666
Softball	4.3%	12	7.2	1,118
Outdoor Track	4.4%	18	12.6	962
Tennis	5.1%	8	6	1,194
Golf	5.5%	6	5.4	706
Water Polo	6.6%	8	8	97
Gymnastics	6.8%	12	6	85
Soccer	6.9%	12	9.9	1,364
Swimming	7.3%	14	8.1	582

Sport	%	Scholarships		Schools
		D-I	D-II	
Cross Country	7.4%	18	12.6	1,309
Basketball	8.2%	15	10	1,810
Field Hockey	8.7%	12	6.3	255
Skiing	11.2%	7	6.3	42
Lacrosse	13.7%	12	9.9	268
Ice Hockey	21.6%	18	18	73
Sync Swimming	22.3%	5	5	7
Indoor Track	34.5%	18	12.6	769
Fencing	55.7%	5	4.5	44
Equestrian	172.7%	15		41
Rowing	244.1%	20	20	145

Marketing

- ✓ 70% of **ALL** Athletic opportunities come from D-III, NAIA, & Junior College
- ✓ Evaluate your child's talent level
- ✓ Get your high school coach involved
- ✓ Highlight/skills DVD's are a resume

The 3 Options of Marketing

Option #1

Kneel by the bed & PRAY

The 3 Options of Marketing

Option #2

Market the S/A Yourself

Send a highlight dvd, cover letter, S/A info sheet, newspaper articles, and parent follow-up is required

The 3 Options of Marketing

Option #3

Get help from a Professional?

Recruiting Services vs. College Scouting Services

NCSA

Recruiting

Be CAREFUL using Social Media!



If you wouldn't tell Grandma.....

DON'T post it!

Recruiting Visits

Unofficial Visits

- ✓ Prospect pays all expenses
- ✓ College may provide 3 complimentary tickets to an on-campus athletic event.
- ✓ Unofficial visits can be taken at any time.
(We recommend starting in 4th grade)
- ✓ Prospects may take an unlimited number of unofficial visits



Recruiting Visits



Official Visits

- ✓ College or University finances all or part of the visit
- ✓ Prospects may take a maximum of 5 official visits but **ONLY ONE** Official visit per school.
- ✓ Duration of the visit cannot exceed 48 hours in length.
- ✓ Academic requirements for visit:
 - Division I: Test score and transcript.
 - Division II: Test score

Recruiting

National Letter of Intent



- ✓ Signing binds athlete to college for 1 year
 - 1 year/1 season penalty if you change your mind after you sign.
- ✓ Athlete may sign only one NLI
- ✓ Athlete may sign NAIA NLI and also an NCAA
- ✓ Athletic scholarships are awarded on a year-to-year basis but by 2017 will be four-year scholarships.
- ✓ Your scholarship may be renewed each year by the financial aid office.
- ✓ Your scholarship also may be REDUCED or CANCELLED after the one year period for any reason.

www.national-letter.org

Recruiting

What does “Red-Shirt” mean?

“**Red-shirt**” describes a student-athlete who does not participate in competition in a sport for an entire academic year.

Red-shirt athletes can practice & travel

- Advantage – Student can get acclimated to college life
- Disadvantage – Limits options should athlete get injured

Recruiting

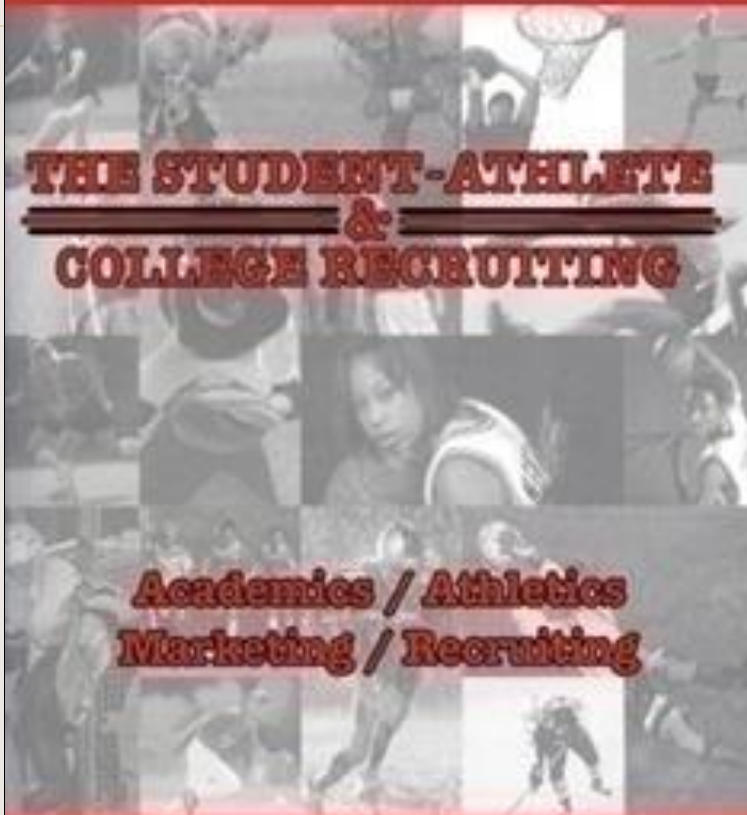
“Walk-on” as an option

- Reasons for walking-on
 - Under-sized athlete until graduation
 - Under recruited athlete – no marketing
 - Turned down D-II hoping for D-I offers
- Same benefits as scholarship athletes
- Walk-ons often receive aid in future years

Where do you Start?

- ✓ **Set goals for high school**
- ✓ **Evaluate your talent/choose the right level**
- ✓ **Be sure you're on track
ACADEMICALLY**
- ✓ **Develop a "Recruiting Plan"**
- ✓ **Start visiting schools YESTERDAY!**
- ✓ **If you're 75% sure, VERBALLY COMMIT!**

How to Prepare for College Athletics and the Recruiting Process



Written & Compiled by Rick Wire

The Student Athlete and College Recruiting Handbook is a reference guide you can use to help prepare for college athletics and the recruiting process. This book covers ALL sports and provides athletes and parents information about academic eligibility, recruiting rules and regulations, sport-specific participation, & athletic scholarships. It will be your "How to Guide" through your high school career.